

Testimonials

Rachel's cooking is fantastic. I've used her on and off for freezer meals. They are simple with lots of flavor. Easy to add side dishes too. My favorite is the Asia chicken and her red chili. You can't go wrong with anything on her menu. Bon appétit!

Rachel is a fierce cook and puts time and care into whatever she makes. Trust, you will not be disappointed.
- Cat

Additionally: I can do family, freezer, or refrigerator meals.* I have menu options to choose from to suit your needs. I change up the menu every two weeks. I also offer affordable catering for all your needs!

* If you have allergies to ingredients please specify.

